



# SAVE A LIFE



AMERICAN COLLEGE OF SURGEONS  
Inspiring Quality,  
Highest Standards, Better Outcomes

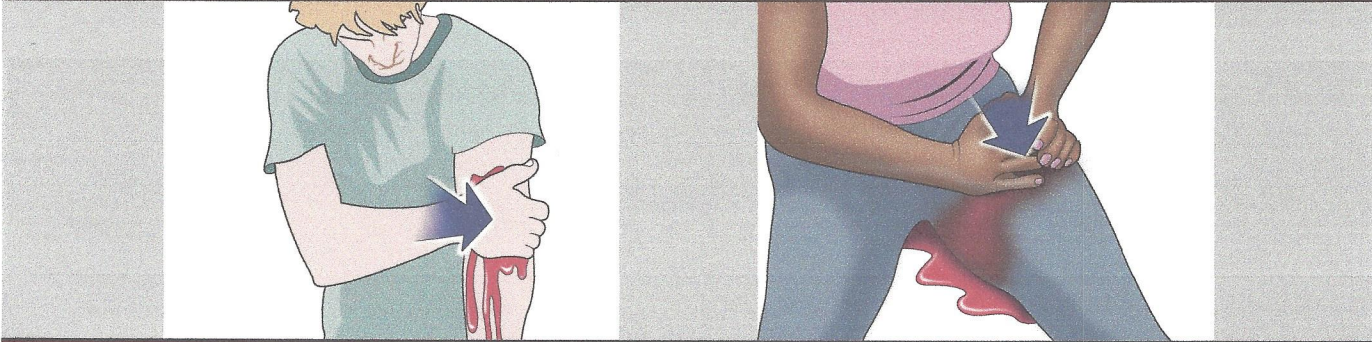


THE  
COMMITTEE  
ON TRAUMA

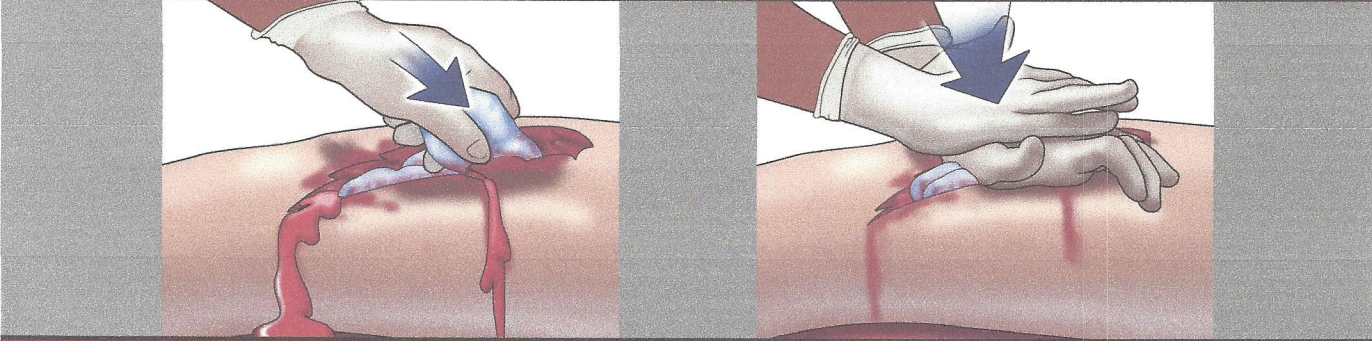


**BLEEDINGCONTROL.ORG**

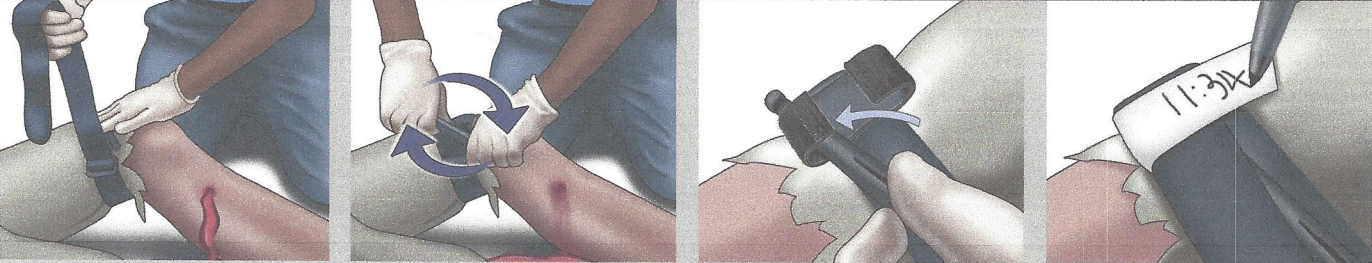
## 1 APPLY PRESSURE WITH HANDS



## 2 APPLY DRESSING AND PRESS



## 3 APPLY TOURNIQUET



WRAP

WIND

SECURE

TIME

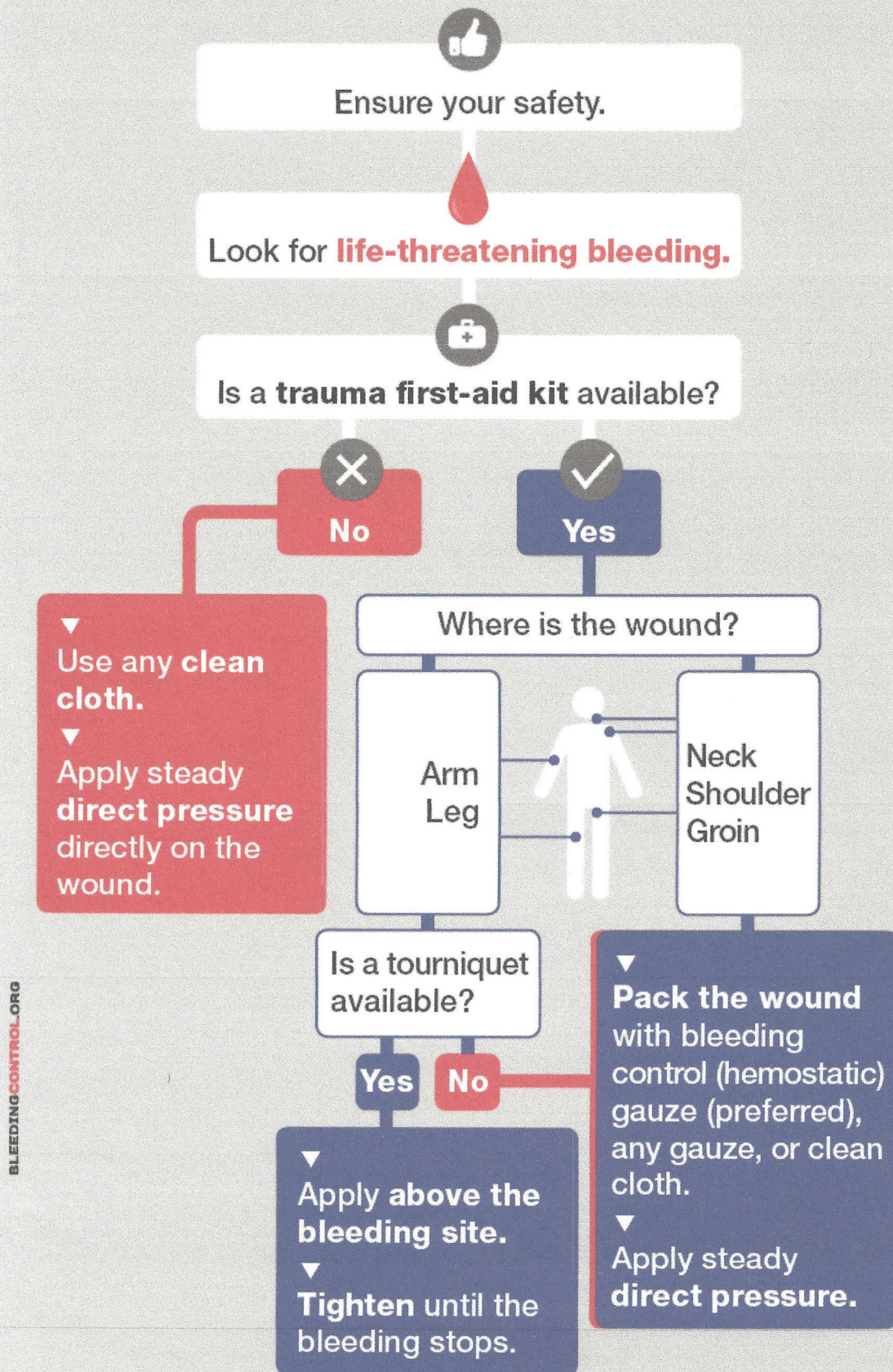
# CALL 911

The Stop the Bleed campaign was developed by a select emergency services committee by the National Security Council Staff, The White House. The purpose of the campaign is to reduce civilian deaths and injuries by teaching people how to stop the bleeding. Bleeding is the leading cause of death in civilian emergencies and this campaign will raise awareness. Acknowledges made by military medicine and research in hemorrhage control during the war in Afghanistan and Iraq have informed the work of the campaign. The Stop the Bleed campaign is a registered trademark of the American College of Surgeons. Use of the logo and the campaign name are subject to the copyright of the American College of Surgeons.



# Save a life

What everyone should know to stop bleeding after an injury



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