

**** Things you can do NOW to make a difference ****

There are SO many things you can do to make a difference.
Choose something that fits you! Here's some examples:

Spread Kindness

- Operate from a place of love.
- Make it a habit to respect everyone.
- Be the change you wish to see in the world!
- Adopt curious inquiry, ask questions and listen to answers.

Service

- Volunteer and Serve your local environmental, social service, etc. groups. They can always use some help. Not only is it a good way to pitch in, but also a great way to work with others AND build community.

Everyday Devotions

- Buy less, recycle more.
- Eat Organic , Shop at Farmer's Markets
- Reduce food waste
- Buy Local -The biggest benefit of buying local is that you're supporting business owners in your community.
- Buy ethical and sustainable products that give back.
- Boycott brands that don't align with your values.
- Donate to a cause that calls you
- Drive less, fly less

- Work to define how much is ENOUGH (of everything) Consider gifting what is "more", away.

Vote

- Voting is the easiest way to have a voice and to have an outsized impact on the world around you.

- And **Vote with Your Dollars**

Our actions impact far more than we can imagine